

NAXC

North Allegheny Middle School Cross Country

2019

NAXC – MIDDLE SCHOOL - 2019

Head Coach.....Jason Winschel
 Assistant Coach.....Dan Williams
 Assistant Coach.....John McNavage
 Assistant Coach.....Ryan Price

The Team:

Girls

Boys

Anoushka Amit	Alanna Imm	Yuki Qian	Sergio Abdalah	Will Hahn	Ryan Pan
Kelsea Apel	Alison Kelly	Annalise Rearick	Nathan Adrian	Daniel Hilbert	Aedan Panzer
Lydia Betz	Naisha Kiladar	Isabel Rempe	Samuel Anderson	Christopher Hoffman	Matthew Parreaguirre
Larkin Brown	Sarah Killen	Nicole Reubi	Vijay Arora	Jonathan Jackson	Brent Paulson
Maia Carrico	Sydney Kuder	Avery Richard	Chuck Baker	Colin Joyce	Gautam Ramkumar
Julia Cibula	Eva Kynaston	Annie Schleppey	Daniel Balderas	Sean Joyce	Nathan Redondo
May Coffman	Hannah Kyriazis	Lorelei Schreiber	Hayden Ball	Will Kasunich	Adam Rodgers
Brenna Collery	Nina Lee	Sarah Scott	Jackson Beemer	Lohith Katari	Anthony Roos
Marina Comino	Bianca Lohan	Ava Sharar	James Behrend	Jeffrey Kern	Max Scherrer
Madeline Coughlin	Kendall Lucas	Christine Silvester	Jack Bertram	Satrio Kusuma	Trey Schleppey
Erin Cuba	Katherine Majerac	Christy Simon	Clayton Blough	Isaac LaFuria	Jack Simons
Camiryn Dawson	Madison Martin	Ryann Snowden	Isaac Breneman	Andrew Li	Gavin Slade
Giuliana DiGregory	Vedha Masuraha	Olivia Stewart	Thomas Ceraso	Jerry Li	Nathan Slade
Sara Donaldson	Erin McGoey	Clara Stover	Jeongwoo Cheon	Jason Link	Anthony Spivak
Hallie Dong	Kaavya Misra	Emily Su	Lokesh Daita	Logan Magorien	Landon Strunk
Vanessa Edfors	Isla Modic	Stella Sumerlin	Tyler Davis	Ryan Mahoney	Meher Survi
Evelyn Faber	Ava Mutsavage	Pranita Sutrave	Micah DeAngelo	Zavier Marshall	Abhay Syamala
Annabelle Frist	Emma Neff	Camille Swirsding	Lukas Dwyer	Max McCarran	Benjamin Waldo
Isabella Gauntner	Danna Ochoa	Delaney Tedesco	Josh Farr	Edward Mei	Joseph Wilkinson
Maia Getz	Lyra Ogle	Lauren Truitt	Jack Ferraro	Alexander Mitterer	Theo Wilkinson
Scout Gilliland	Olivia Palmer	Mia Valentine	Joseph Ferko	Alexander Monteparte	Connor Williams
Annika Good	Ali Pasquale	Anna Wheeler	Michael Gauntner	Liam Orié	Benjamin Wu
Mary Kate Griffin	Marissa Paulson	Natalie Workman	Conor Griffin	Charlie Palmer	Lucas Young
Megan Gross	Stella Payne	Sawyer Wright		Nicholas Palone	
Lydia Haller	Elizabeth Petschke	Hannah Yang			
Juniper Hunt	Skyleigh Piéto	Kaitlyn Zeman			
	Elizabeth Pizon				

NORTH ALLEGHENY MIDDLE SCHOOL CROSS COUNTRY

51 YEAR RECORD (1969 - PRESENT):
766 – 7



2019 NA MIDDLE SCHOOL BOYS' CROSS COUNTRY (10-0)

<u>NA</u>	<u>VS.</u>	<u>OPPONENT</u>
18	PINE-RICHLAND	42
15	AVONWORTH	50
15	NORTH HILLS	49
19	SENECA VALLEY	42
19	HAMPTON	42
15	NORTH HILLS	48
15	MARS	50
WIN BY	SHALER	FORFEIT
15	BUTLER	50
17	FOX CHAPEL	44

NORTH ALLEGHENY INVITATIONAL = 1ST OF 14 TEAMS – 23 POINTS
 BILL LENNOX (SRU) INVITATIONAL = 1ST OF 16 TEAMS – 27 POINTS

2019 NA MIDDLE SCHOOL GIRLS' CROSS COUNTRY (10-0)

<u>NA</u>	<u>VS.</u>	<u>OPPONENT</u>
19	PINE-RICHLAND	42
15	AVONWORTH	50
WIN BY	NORTH HILLS	FORFEIT
15	SENECA VALLEY	49
19	HAMPTON	44
WIN BY	NORTH HILLS	FORFEIT
15	MARS	50
15	SHALER	50
17	BUTLER	46
20	FOX CHAPEL	41

NORTH ALLEGHENY INVITATIONAL = 1ST OF 11 TEAMS – 35 POINTS
 BILL LENNOX (SRU) INVITATIONAL = 1ST OF 16 TEAMS – 48 POINTS









BOYS

8/26/2019

4:40 PM

Time Trial

75 Degrees, Perfect

Place	Name	Time		Place	Name	Time		Place	Name	Time		Place	Name	Time	
1	Behrend	1104	M	15	Mahoney	1428	M	29	Strunk	1542	I	43	Griffin	1736	M
2	Bertram	1108	I	16	Blough	1430	C	30	T Wilkinson	1545	I	44	Balderas	1751	M
3	Gauntner	1147	I	17	Orie	1434	C	31	Rodgers	1553	I	45	Panzer	1811	C
4	DeAngelo	1223	M	18	Dwyer	1434	C	32	Beemer	1601	M	46	Breneman	1815	M
5	Williams	1232	M	19	Kern	1436	M	33	LaFuria	1613	I	47	Ceraso	1942	C
6	J Wilkinson	1233	I	20	Jackson	1438	C	34	Kasunich	1625	C	48	Ferraro	1947	M
7	Parreaguirre	1247	C	21	Palone	1447	I	35	Schleppy	1628	M	49	Anderson	2044	C
8	Farr	1251	M	22	McCarran	1455	I	36	Redondo	1639	C	50	Baker	2045	C
9	Hoffman	1253	I	23	Scherrer	1456	M	37	Ferko	1651	M	51	Roos	2050	M
10	Mitterer	1314	C	24	Waldo	1507	C	38	Ramkumar	1701	M	52	Simons	2121	M
11	Cheon	1331	M	25	Davis	1509	M	39	Ball	1704	M	53	S Joyce	3046	C
12	Hahn	1356	M	26	Pan	1515	M	40	Young	1704	C				
13	Link	1400	M	27	Monteparte	1523	C	41	Paulson	1711	I				
14	Hilbert	1428	C	28	Abdalah	1530	M	42	Palmer	1729	C				

9/6/2019

At Pine-Richland with Avonworth

NA

18

NA

15

Record: 2-0

77 Degrees, Partly Cloudy

P-R

42

Avon.

50

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Behrend	1106	1	15	Mahoney	1334	31	29	J Li	1452	57	43	Breneman	1725	86
2	Gauntner	1107	2	16	Davis	1336	32	30	Abdalah	1502	58	44	Panzer	1725	87
3	Bertram	1111	3	17	Cheon	1342	34	31	Ball	1509	60	45	Ceraso	1725	88
4	Orie	1149	5	18	Katari	1347	35	32	T Wilkinson	1517	62	46	Kusuma	1727	89
5	Wilkinson	1214	7	19	Hahn	1351	37	33	Redondo Rodgers?	1523	63	47	Anderson	1727	90
6	DeAngelo	1214	8	20	Kern	1402	38	34	Strunk	1528	65	48	Griffin	1731	91
7	Williams	1220	10	21	Jackson	1404	39	35	Hilbert	1536	68	49	Balderas	1754	93
8	Parreaguirre	1246	14	22	N Slade	1413	41	36	LaFuria	1536	69	50	Ferraro	1755	94
9	Mitterer	1247	15	23	Kasunich	1429	47	37	Magorien	1557	71	51	Schleppy	1801	95
10	Hoffman	1249	16	24	Beemer	1432	48	38	Ferko	1601	72	52	Roos	1940	96
11	Blough	1302	21	25	Scherrer	1432	49	39	Young	1601	73	53	Baker	2013	97
12	Waldo	1312	23	26	Monteparte	1433	50	40	Survi	1616	75	54	Arora	2055	100
13	Dwyer	1313	24	27	McCarran	1439	53	41	Daita	1652	83	55	A Li	2106	101
14	Farr	1315	26	28	Palone	1450	56	42	G Slade	1657	85	56	Palmer	2619	106

9/11/2019

Home vs. North Hills

NA

15

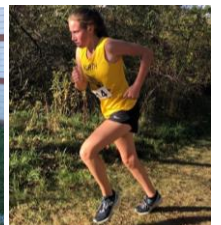
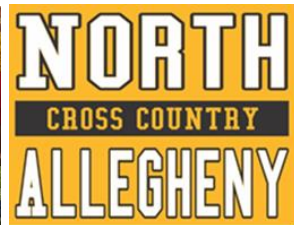
Record: 3-0

88 Degrees, Partly Cloudy

NH

49

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Behrend	1101	1	16	Jackson	1330	18	31	Rodgers	1513	38	46	Ferko	1720	60
2	Bertram	1119	2	17	Katari	1340	21	32	Strunk	1518	39	47	Griffin	1721	61
3	Gauntner	1129	3	18	Blough	1352	22	33	Abdalah	1519	40	48	Paulson	1721	63
4	DeAngelo	1144	4	19	Hahn	1356	23	34	Redondo	1541	41	49	Dairta	1721	64
5	Orie	1151	5	20	Link	1358	24	35	Kasunich	1553	43	50	Baker	1852	65
6	Williams	1208	6	21	Kern	1359	25	36	Kusuma	1554	44	51	Ceraso	1856	66
7	Wilkinson	1225	8	22	Marshall	1411	26	37	Ramkumar	1557	46	52	Roos	1913	67
8	Hoffman	1231	9	23	Scherrer	1412	27	38	Wu	1618	50	53	Simons	1954	68
9	Parreaguirre	1238	10	24	Davis	1418	28	39	Schleppy	1645	51	54	Arora	2043	69
10	Mitterer	1246	11	25	Beemer	1438	29	40	N Slade	1651	52	55	A Li	2542	71
11	Waldo	1259	12	26	Palone	1451	32	41	Breneman	1701	53	56	S Joyce	3036	72
12	Dwyer	1304	13	27	Hilbert	1454	33	42	Ferraro	1708	54	57	C Joyce	3046	73
13	Farr	1315	14	28	Monteparte	1459	34	43	LaFuria	1708	55				
14	Cheon	1317	15	29	McCarran	1507	36	44	G Slade	1709	56				
15	Mahoney	1321	17	30	Ball	1507	37	45	Balderas	1716	58				



9/19/2019

Home vs. Seneca Valley
77 Degrees, Sunny

NA 19
SV 42

Record: 4-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Bertram	1034	1	16	Cheon	1259	25	31	Hilbert	1451	50	46	Paulson	1650	79
2	Behrend	1049	3	17	Jackson	1309	28	32	Schleppy	1451	51	47	Ferraro	1659	80
3	Gauntner	1054	4	18	Link	1315	29	33	McCarran	1452	52	48	LaFuria	1700	81
4	Orie	1123	5	19	Hahn	1325	31	34	Redondo	1508	57	49	Roos	1720	82
5	DeAngelo	1130	6	20	Scherrer	1344	33	35	Wu	1513	58	50	Ceraso	1735	83
6	Williams	1144	8	21	Katari	1355	34	36	Ferko	1531	62	51	Baker	1806	84
7	J Wilkinson	1148	9	22	Beemer	1356	35	37	Ramkumar	1545	65	52	Arora	1827	85
8	Parreaguirre	1154	10	23	Ball	1405	36	38	Anderson	1545	66	53	Simons	1849	87
9	Mitterer	1159	11	24	T Wilkinson	1406	37	39	Breneman	1547	67	54	A Li	2009	89
10	Waldo	1216	13	25	Abdalah	1408	38	40	Magorien	1554	68	55	Spivak	2042	90
11	Dwyer	1219	14	26	Davis	1414	39	41	Griffin	1601	73	56	S Joyce	2522	92
12	Hoffman	1224	17	27	Rodgers	1415	40	42	Monteparte	1602	74	57	C Joyce	2542	93
13	Mahoney	1228	18	28	Kasunich	1441	47	43	Balderas	1609	76				
14	Blough	1233	19	29	Kusuma	1446	48	44	Panzer	1616	77				
15	Farr	1242	22	30	Kern	1447	49	45	Young	1637	78				

9/23/2019

At Hampton with North Hills
75 Degrees, Overcast

NA 19
Hamp 42

NA 15
NH 48

Record: 6-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Gauntner	923	1	16	Blough	1118	24	31	Strunk	1243	53	46	Ceraso	1406	74
2	Bertram	928	2	17	Jackson	1134	26	32	Redondo	1245	55	47	Kusuma	1411	76
3	Behrend	935	4	18	Hahn	1141	27	33	T Wilkinson	1251	56	48	Breneman	1412	77
4	Orie	952	5	19	Davis	1145	30	34	McCarran	1254	57	49	Paulson	1415	79
5	J Wilkinson	1006	7	20	Link	1150	31	35	Beemer	1255	58	50	Baker	1418	80
6	DeAngelo	1017	9	21	Marshall	1152	32	36	Ramkumar	1256	59	51	Griffin	1419	81
7	Williams	1019	10	22	Scherrer	1158	36	37	Hilbert	1259	60	52	Magorien	1421	82
8	Mitterer	1023	12	23	Kern	1159	37	38	Rodgers	1312	62	53	LaFuria	1426	83
9	Parreaguirre	1033	13	24	Ball	1203	38	39	Pan	1320	63	54	Balderas	1428	85
10	Hoffman	1044	15	25	Survi	1207	39	40	Schleppy	1321	64	55	Panzer	1459	87
11	Waldo	1047	17	26	J Li	1220	42	41	Kasunich	1323	65	56	Ferraro	1515	88
12	Dwyer	1048	18	27	Palone	1229	45	42	Anderson	1333	66	57	Arora	1549	89
13	Mahoney	1049	19	28	Wu	1231	46	43	G Slade	1344	68	58	Adrian	1605	90
14	Farr	1105	20	29	N Slade	1232	47	44	Daita	1355	69				
15	Cheon	1108	21	30	Abdalah	1238	51	45	Ferko	1401	71				

9/26/2019

Home vs. Shaler and Mars
77 Degrees, Sunny

NA 15
Mars 50

NA Win by
Shaler Forfeit

Record: 8-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Bertram	1036	1	15	Waldo	1259	19	29	Rodgers	1406	40	43	G Slade	1535	62
2	Gauntner	1040	2	16	Blough	1303	20	30	N Slade	1411	41	44	Balderas	1539	63
3	Behrend	1044	3	17	Jackson	1306	21	31	Li	1414	42	45	Panzer	1609	64
4	J Wilkinson	1131	4	18	Mei	1316	25	32	Abdalah	1415	43	46	LaFuria	1633	65
5	Williams	1136	5	19	Hahn	1318	26	33	Ball	1419	44	47	Baker	1635	66
6	DeAngelo	1139	6	20	Palone	1322	27	34	Pan	1443	46	48	Daita	1638	67
7	Parreaguirre	1154	7	21	Link	1323	28	35	Monteparte	1501	49	49	Ferko	1654	69
8	Orie	1156	8	22	Davis	1324	29	36	Redondo	1502	50	50	Ferraro	1656	70
9	Mitterer	1203	9	23	McCarran	1326	30	37	Strunk	1502	51	51	Paulson	1716	72
10	Dwyer	1210	10	24	Kern	1335	31	38	Katari	1507	52	52	Hilbert	1722	73
11	Mahoney	1216	12	25	Survi	1341	33	39	Young	1513	54	53	Anderson	1743	74
12	Hoffman	1234	14	26	Scherrer	1352	37	40	Kusuma	1513	55	54	Roos	1744	75
13	Farr	1237	15	27	T Wilkinson	1358	38	41	Schleppy	1518	58	55	Arora	1800	77
14	Cheon	1249	17	28	Beemer	1400	39	42	Kasunich	1526	60	56	Simons	1830	79



10/1/2019

Home vs. Butler
90 Degrees, Sunny, hot

NA 15
Butler 50

Record: 9-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Bertram	1041	1	17	Waldo	1313	21	33	Redondo	1445	42	49	Balderas	1729	61
2	Behrend	1042	2	18	Blough	1316	22	34	Rodgers	1450	43	50	Baker	1743	62
3	Gauntner	1049	3	19	Jackson	1321	23	35	Ball	1459	45	51	Magorien	1757	63
4	J Wilkinson	1127	4	20	Davis	1329	24	36	Pan	1521	46	52	Panzer	1811	64
5	Orie	1134	5	21	Hahn	1336	25	37	Monteparte	1527	47	53	Adrian	1819	65
6	Williams	1137	6	22	Kern	1356	28	38	Kusuma	1541	48	54	Paulson	1829	66
7	DeAngelo	1149	7	23	Survi	1358	29	39	Strunk	1541	49	55	Ceraso	1833	67
8	Parreaguirre	1204	9	24	Marshall	1358	30	40	Ramkumar	1551	50	56	Simons	1850	68
9	Mahoney	1213	11	25	Scherrer	1400	31	41	Schleppy	1558	51	57	Roos	1935	69
10	Hoffman	1218	12	26	N Slade	1405	32	42	Griffin	1559	52	58	Arora	1958	70
11	Dwyer	1232	14	27	Beemer	1406	33	43	Kasunich	1601	53	59	A Li	2446	71
12	Mitterer	1234	16	28	Hilbert	1407	34	44	G Slade	1607	54	60	S Joyce	2931	72
13	Farr	1254	17	29	Abdalah	1418	36	45	LaFuria	1613	55	61	C Joyce	3008	73
14	Katari	1259	18	30	T Wilkinson	1437	38	46	Ferko	1621	57				
15	Cheon	1304	19	31	Wu	1440	40	47	Anderson	1635	58				
16	Link	1310	20	32	McCarran	1440	41	48	Daita	1708	60				

10/4/2019

Home vs. Fox Chapel
63 Degrees, Cloudy

NA 17
FC 44

Record: 10-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Bertram	1022	1	16	Jackson	1231	23	31	Abdalah	1409	56	46	Ferko	1550	81
2	Behrend	1028	2	17	Hahn	1252	24	32	Pan	1412	57	47	Breneman	1552	82
3	Gauntner	1042	3	18	Katari	1300	26	33	Kasunich	1413	58	48	Anderson	1606	83
4	J Wilkinson	1057	4	19	Davis	1303	30	34	Redondo	1413	59	49	LaFuria	1606	84
5	Williams	1115	7	20	Kern	1305	31	35	Schleppy	1419	61	50	Ceraso	1612	85
6	Parreaguirre	1127	8	21	Beemer	1306	32	36	Strunk	1425	62	51	Paulson	1619	86
7	DeAngelo	1128	9	22	Scherrer	1317	38	37	Monteparte	1428	64	52	Palmer	1643	87
8	Orie	1143	10	23	N Slade	1330	42	38	Ramkumar	1453	72	53	Baker	1652	88
9	Mitterer	1150	12	24	Ball	1332	43	39	G Slade	1501	73	54	Adrian	1712	90
10	Dwyer	1154	14	25	Survi	1342	45	40	Kusuma	1512	74	55	Roos	1729	92
11	Mahoney	1158	15	26	Link	1342	46	41	Panzer	1521	75	56	Ferraro	1746	94
12	Hoffman	1217	17	27	T Wilkinson	1346	49	42	Balderas	1521	76	57	Simons	1749	95
13	Farr	1219	18	28	Hilbert	1350	50	43	Daita	1525	78	58	Arora	1912	97
14	Waldo	1221	19	29	Mei	1401	52	44	Griffin	1533	79	59	A Li	1927	98
15	Blough	1222	20	30	Rodgers	1407	55	45	Magorien	1535	80				

10/8/2019

NA Invitational
68 Degrees, Sunny

23 Points
1st of 14 Teams

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Bertram	1020	1	16	Blough	1234	19	31	Kusuma	1355	87	46	Daita	1542	154
2	Gauntner	1022	2	17	Katari	1238	21	32	Pan	1400	93	47	Griffin	1546	157
3	Behrend	1043	4	18	Hahn	1246	28	33	Rodgers	1404	94	48	LaFuria	1549	159
4	Wilkinson	1051	6	19	Davis	1259	36	34	Abdalah	1408	99	49	Panzer	1553	161
5	Orie	1111	10	20	Slade	1314	47	35	Ball	1412	101	50	Paulson	1601	164
6	Williams	1123	13	21	Link	1320	48	36	Monteparte	1416	104	51	Balderas	1605	165
7	DeAngelo	1132	17	22	Survi	1321	49	37	Wu	1419	110	52	Anderson	1636	169
8	Parreaguirre	1140	1	23	Kern	1323	50	38	Redondo	1426	113	53	Baker	1642	171
9	Mitterer	1143	2	24	Beemer	1331	53	39	Strunk	1432	115	54	Ferraro	1655	174
10	Dwyer	1147	3	25	J Li	1338	63	40	Hilbert	1437	118	55	Simons	1710	175
11	Hoffman	1152	5	26	Wilkinson	1341	65	41	Ferko	1514	138	56	Roos	1720	180
12	Mahoney	1202	6	27	Scherrer	1344	72	42	Ramkumar	1523	142	57	Arora	1724	182
13	Jackson	1216	7	28	McCarran	1345	74	43	Magorien	1524	144	58	Adrian	1754	186
14	Waldo	1217	8	29	Mei	1346	77	44	Schleppy	1527	147	59	A Li	2834	199
15	Farr	1223	11	30	Kasunich	1354	86	45	Palmer	1534	151				



10/12/2019
55 Degrees, Rainy

Bill Lennox (Slippery Rock) Invitational
1st of 16 Teams

27 Points

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Bertram	1011	2	11	Mitterer	1142	54	21	Survi	1255	121	31	T Wilkinson	1337	169
2	Gauntner	1013	3	12	Farr	1201	70	22	Strunk	1300	125	32	Schleppy	1347	175
3	J Wilkinson	1021	4	13	Waldo	1204	74	23	Ball	1302	129	33	Rodgers	1423	194
4	Behrend	1030	7	14	Blough	1211	80	24	Hilbert	1303	130	34	Paulson	1431	198
5	Orie	1052	11	15	Mahoney	1216	88	25	Abdalah	1307	137	35	Lafuria	1433	199
6	Parreaguirre	1056	13	16	Hahn	1216	90	26	Scherrer	1315	145	36	Panzer	1452	209
7	Williams	1103	17	17	Jackson	1228	105	27	Monteparte	1324	155	37	Daita	1458	212
8	Deangelo	1106	23	18	Link	1233	111	28	Redondo	1326	160	38	Baker	1512	216
9	Dwyer	1113	27	19	Davis	1234	112	29	Kasunich	1326	161	39	Adrian	1608	226
10	Hoffman	1135	48	20	Beemer	1242	117	30	Kusuma	1329	166	40	Arora	1703	230





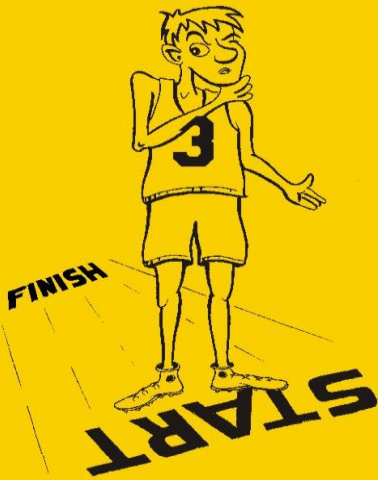
NORTH ALLEGHENY



XCC INVITATIONAL



RUN 2 MILES TO GET 20 FEET...



BACKWARDS!

He prepared for Pain...



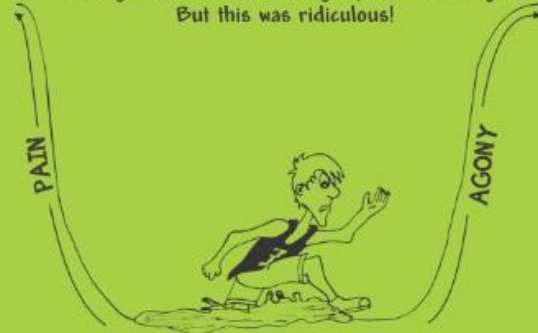
but didn't account for Agony!

There's no such thing as



a free ride

Getting stuck on Pain and Agony was one thing...
But this was ridiculous!



"The Pit of Despair"



Cross Country Roads...



...Take Me Home

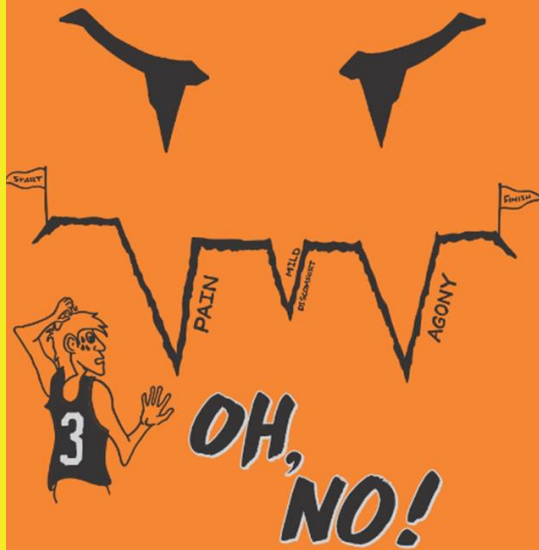


Well, at least it was not FRIDAY the 13th!

HE WAS RUNNING BEHIND...



BEFORE EVEN RUNNING!





2019 North Allegheny Invitational - 68 Degrees, Sunny 10/8/2019



Boys' Select Race

	Team	1	2	3	4	5	Total	6	7
1	North Allegheny	1	2	4	6	10	23	13	17
2	Hampton	8	11	26	27	28	100	29	59
3	Pine-Richland	7	16	19	24	36	102	41	44
4	Fox Chapel	5	9	31	32	39	116	47	52
5	Seneca Valley	3	20	22	35	38	118	42	45
6	Butler	12	23	33	34	40	142	50	60
7	Riverview	14	15	25	69	81	204		
8	Hempfield	37	46	58	63	67	271	77	
9	North Hills	30	53	62	64	68	277	80	84
10	Avonworth	54	56	65	66	76	317	82	83
11	Bl. Francis Seelos	21	61	74	79	89	324	90	99
12	Gateway	43	57	70	72	92	334	93	94
13	St. Kilian	51	75	85	97	98	406		
14	Greensburg Salem	71	78	87	91	96	423		

1	145	Jack Bertram	North Allegheny	10:20
2	174	Michael Gauntner	North Allegheny	10:22
3	723	Samuel West	Seneca Valley	10:29
4	144	James Behrend	North Allegheny	10:43
5	302	Rowan Gwin	Fox Chapel	10:47
6	275	Joseph Wilkinson	North Allegheny	10:51
7	630	Kevin McLoughlin	Pine-Richland	10:52
8	522	Christopher Belch	Hampton	10:55
9	297	Rocco Didomenico	Fox Chapel	11:04
10	224	Liam Orié	North Allegheny	11:11
11	527	Nathan Gardner	Hampton	11:12
12	954	Noah Collins	Butler	11:20
13	277	Connor Williams	North Allegheny	11:23
14	479	Christopher Barnes	Riverview	11:24
15	480	Holden Deasy	Riverview	11:24
16	631	Rocco Jarvis	Pine-Richland	11:32
17	162	Micah DeAngelo	North Allegheny	11:32
18	638	Billy Kowalkowski	Burrell	11:34
19	632	Emery Moye	Pine-Richland	11:34
20	683	Ethan Barnett	Seneca Valley	11:34
21	468	Giacomo Lepore	Bl Francis Seelos	11:34
22	693	Nick Dunmire	Seneca Valley	11:36
23	952	Riley Gatz	Butler	11:38
24	634	Robert Hoy	Pine-Richland	11:39
25	476	Micah Ivy	Riverview	11:40
26	538	Nathan Garrett	Hampton	11:41
27	530	Layne Haught	Hampton	11:42
28	524	Liam Butler	Hampton	11:43
29	528	Greg Gropelli	Hampton	11:44
30	408	Daniel Satariano	North Hills	11:46
31	312	Andy Scott	Fox Chapel	11:46
32	311	Joseph Rattner	Fox Chapel	11:47
33	955	Owen Davis	Butler	11:49

34	949	Jacob Fallecker	Butler	11:49
35	702	Chase Lauer	Seneca Valley	11:57
36	636	Matteo Rottelli	Pine-Richland	11:58
37	570	Luke Snider	Hempfield	12:02
38	691	Matt Cinker	Seneca Valley	12:02
39	293	Dylan Berman	Fox Chapel	12:03
40	953	Legend Wilkinson	Butler	12:04
41	633	Cooper Zancosky	Pine-Richland	12:06
42	719	Jack Szebenyi	Seneca Valley	12:06
43	427	Darius Farrar	Gateway	12:07
44	635	Thomas Kapanowski	Pine-Richland	12:08
45	718	Connor Smith	Seneca Valley	12:09
46	575	Adam Frankhauser	Hempfield	12:10
47	300	Adam Ferris	Fox Chapel	12:12
48	353	Prosper Gross	Carlynton	12:16
49	355	Jacob Kaltz	Carlynton	12:17
50	951	Owen Denny	Butler	12:18
51	555	Eli Stofko	St. Kilian	12:20
52	325	Aidan Ortiz	Fox Chapel	12:20
53	401	Ryan Humenik	North Hills	12:20
54	374	Ryan Frank	Avonworth	12:33
55	354	Matteo Carrasco	Carlynton	12:37
56	381	Owen Madellina	Avonworth	12:39
57	423	Jace Beam	Gateway	12:42
58	574	Nick McCauley	Hempfield	12:43
59	529	Dale Hall	Hampton	12:43
60	956	Drew Griffith	Butler	12:44
61	464	Brody Dunn	Bl Francis Seelos	12:46
62	403	Kaden Kalinowski	North Hills	12:47
63	571	Aidon Coughlin	Hempfield	12:50
64	409	Andrew Schneider	North Hills	12:51
65	372	Kai Carlson	Avonworth	12:54
66	387	Aidan Tinker	Avonworth	13:00

67	572	Dylan Firmstone	Hempfield	13:06
68	404	Mica Lee	North Hills	13:07
69	487	Brody Howell	Riverview	13:09
70	425	Byron Christie	Gateway	13:12
71	498	Tristan Miller	Greensburg Salem	13:22
72	430	Darren Johnson	Gateway	13:29
73	640	Jacob Harvey	Burrell	13:31
74	474	Jack White	Bl Francis Seelos	13:32
75	554	Tommy Schafale	St. Kilian	13:33
76	382	Aidan O'Dell	Avonworth	13:33
77	573	Lukas Mayo	Hempfield	13:34
78	502	Owen Noel	Greensburg Salem	13:45
79	463	Brendan Donnelly	Bl Francis Seelos	13:52
80	402	Mark Interthal	North Hills	14:02
81	483	Rece Stempfer	Riverview	14:05
82	383	Conner Ralston	Avonworth	14:05
83	388	Gus Wagner	Avonworth	14:06

84	399	Ari Gurchak	North Hills	14:08
85	551	Aidan Hicks	St. Kilian	14:09
86	392	Maxwell Kwiecinski	McKeesport	14:18
87	500	Jack Steele	Greensburg Salem	14:21
88	567	Ryan McGaffick	Shaler	14:24
89	465	Lucas Gunther	Bl Francis Seelos	14:25
90	470	Vincent Moncheck	Bl Francis Seelos	14:26
91	499	Carter Rizzo	Greensburg Salem	14:35
92	435	Shai Smith	Gateway	14:37
93	433	Zach Silnutzer	Gateway	14:40
94	422	Anthony Austerlitz	Gateway	14:59
95	356	Ian Robb	Carlynton	15:09
96	501	Levi Clark	Greensburg Salem	15:18
97	556	Tyler Flynn	St. Kilian	15:21
98	553	Robert Staresinic	St. Kilian	15:25
99	472	Matthew Radermacher	Bl Francis Seelos	17:49



Boys' Open Race

1	231	Matthew Parreaguirre	North Allegheny	11:40
2	217	Alexander Mitterer	North Allegheny	11:43
3	166	Lukas Dwyer	North Allegheny	11:47
4	440	Ethan Haring	Eden Christian	11:49
5	184	Christopher Hoffman	North Allegheny	11:52
6	208	Ryan Mahoney	North Allegheny	12:02
7	187	Jonathan Jackson	North Allegheny	12:16
8	273	Benjamin Waldo	North Allegheny	12:17
9	616	Jacob Jones	Pine-Richland	12:17
10	692	Ryan Domencic	Seneca Valley	12:18
11	169	Josh Farr	North Allegheny	12:23
12	609	Hayden Conley	Pine-Richland	12:24
13	722	colton Wells	Seneca Valley	12:25
14	629	Zachery Willig	Pine-Richland	12:26
15	618	Carson Lapina	Pine-Richland	12:27
16	535	Aryan Pfeuffer	Hampton	12:28
17	439	Luke Gronbeck	Eden Christian	12:31
18	717	James Skarbek	Seneca Valley	12:33
19	147	Clayton Blough	North Allegheny	12:34
20	715	Sawyer Shoup	Seneca Valley	12:37
21	191	Lohith Katari	North Allegheny	12:38
22	316	Caleb Adams	Fox Chapel	12:39
23	332	Ethan Vaughan	Fox Chapel	12:40
24	523	Jacob Bonnar	Hampton	12:40
25	628	Roger Williams	Pine-Richland	12:44
26	307	Travis Malone	Fox Chapel	12:44
27	520	Jason Andrews	Hampton	12:46
28	181	Will Hahn	North Allegheny	12:46
29	950	Evan Reinsel	Butler	12:47
30	321	Landon Funk	Fox Chapel	12:52
31	309	Jack O'Brien	Fox Chapel	12:54
32	298	Owen Ellermeyer	Fox Chapel	12:54
33	695	Collin Frey	Seneca Valley	12:55
34	694	Garrett Eckley	Seneca Valley	12:57
35	314	Will Siegel	Fox Chapel	12:58
36	160	Tyler Davis	North Allegheny	12:59
37	611	Thomas Devito	Pine-Richland	13:00
38	313	Jake Siddons	Fox Chapel	13:03
39	620	Easson Molnar	Pine-Richland	13:05
40	608	Chinedu Clarke	Pine-Richland	13:07
41	621	Noah Orellana	Pine-Richland	13:08
42	327	Franco Pistella	Fox Chapel	13:10
43	701	Aidan Langer	Seneca Valley	13:10
44	334	Altai Yumak	Fox Chapel	13:11
45	716	Phillip Silvis	Seneca Valley	13:12
46	687	Lucas Boyle	Seneca Valley	13:12
47	258	Nathan Slade	North Allegheny	13:14
48	204	Jason Link	North Allegheny	13:20
49	266	Meher Survi	North Allegheny	13:21
50	193	Jeffrey Kern	North Allegheny	13:23

51	624	Blake Thompson	Pine-Richland	13:27
52	610	Heath Cwynar	Pine-Richland	13:30
53	143	Jackson Beemer	North Allegheny	13:31
54	444	Luke Kohler	Eden Christian	13:32
55	303	Ben Hallman	Fox Chapel	13:33
56	441	Connor Bushee	Eden Christian	13:33
57	481	Will Orbin	Riverview	13:34
58	370	Colin Brady	Avonworth	13:34
59	525	Brendan Capsambelis	Hampton	13:35
60	605	Tate Bennett	Pine-Richland	13:35
61	625	Carter Warnes	Pine-Richland	13:36
62	533	Matthew Mason	Hampton	13:36
63	203	Jerry Li	North Allegheny	13:38
64	948	Aaron Stebick	Butler	13:39
65	276	Theo Wilkinson	North Allegheny	13:41
66	700	Mat Kohler	Seneca Valley	13:42
67	576	Aidan White	Hempfield	13:42
68	684	Benjamin Beresnyak	Seneca Valley	13:42
69	708	Tanner Miklos	Seneca Valley	13:43
70	308	Ryan Napolitan	Fox Chapel	13:43
71	578	Austin Taylor	Hempfield	13:43
72	248	Max Scherrer	North Allegheny	13:44
73	615	Liam Jamison	Pine-Richland	13:44
74	213	Max McCarran	North Allegheny	13:45
75	322	Trip Goehring	Fox Chapel	13:45
76	328	Josiah Rivera	Fox Chapel	13:46
77	215	Edward Mei	North Allegheny	13:46
78	617	Clayton Kost	Pine-Richland	13:47
79	709	Miles Miller	Seneca Valley	13:47
80	577	Xavier Burns	Hempfield	13:48
81	324	Kyle Ong	Fox Chapel	13:49
82	627	Jonas Whitsel	Pine-Richland	13:50
83	304	Porter Hill	Fox Chapel	13:52
84	518	Owen Anderson	Hampton	13:52
85	519	Carter Anderson	Hampton	13:53
86	190	Will Kasunich	North Allegheny	13:54
87	197	Satrio Kusuma	North Allegheny	13:55
88	686	C Benjamin Blakesley	Seneca Valley	13:56
89	331	Donnie Taylor	Fox Chapel	13:57
90	333	Timothy Ye	Fox Chapel	13:58
91	944	Shae Shintz	Butler	13:58
92	606	Allen Brigger	Pine-Richland	13:59
93	229	Ryan Pan	North Allegheny	14:00
94	246	Adam Rodgers	North Allegheny	14:04
95	704	Karter Leroy	Seneca Valley	14:05
96	315	Oscar Wentzel	Fox Chapel	14:05
97	607	Alexander Bywalski	Pine-Richland	14:06
98	531	Daniel Kornish	Hampton	14:08
99	134	Sergio Abdalah	North Allegheny	14:08
100	471	John Pontello	Bl Francis Seelos	14:11

101	142	Hayden Ball	North Allegheny	14:12
102	721	Paul Weis	Seneca Valley	14:15
103	369	Henry Amick	Avonworth	14:15
104	219	Alexander Monteparte	North Allegheny	14:16
105	946	Owen Dressler	Butler	14:17
106	945	Alex Depew	Butler	14:17
107	296	Jordan Coco	Fox Chapel	14:18
108	720	Stephen Vaughan	Seneca Valley	14:18
109	710	Alexander Przybylek	Seneca Valley	14:18
110	280	Benjamin Wu	North Allegheny	14:19
111	295	Micah Cagley	Fox Chapel	14:20
112	604	Luke Anderson	Pine-Richland	14:24
113	242	Nathan Redondo	North Allegheny	14:26
114	434	Joel Sinal	Gateway	14:27
115	263	Landon Strunk	North Allegheny	14:32
116	310	Joey Paviglianiti	Fox Chapel	14:35
117	323	Cooper McIntyre	Fox Chapel	14:36
118	183	Daniel Hilbert	North Allegheny	14:37
119	536	Ian Rayko	Hampton	14:39
120	690	Liam Carney	Seneca Valley	14:39
121	306	Jack Lynch	Fox Chapel	14:40
122	386	Johnny Smallwood	Avonworth	14:41
123	380	Luke Madellina	Avonworth	14:44
124	466	Niccola Johns	Bl Francis Seelos	14:45
125	317	Jack Adams	Fox Chapel	14:45
126	641	Tucker Bitar	Burrell	14:47
127	424	Logan Berko	Gateway	14:50
128	305	Will Hook	Fox Chapel	14:51
129	689	Joshua Bukowski	Seneca Valley	14:52
130	377	Sam Kohler	Avonworth	14:53
131	712	Kaden Rentz	Seneca Valley	14:55
132	947	Owen Boring	Butler	14:59
133	431	RJ Keyhan	Gateway	15:00
134	398	Riley Farrar	North Hills	15:02
135	521	Jacob Barton	Hampton	15:09
136	714	Christian Schuster	Seneca Valley	15:12
137	532	Patrick Light	Hampton	15:13
138	171	Joseph Ferko	North Allegheny	15:14
139	942	Josh Parker	Butler	15:16
140	626	Jason Wearley	Pine-Richland	15:20
141	379	Danny Mack	Avonworth	15:21
142	240	Gautam Ramkumar	North Allegheny	15:23
143	622	Ryan Powell	Pine-Richland	15:24
144	207	Logan Magorien	North Allegheny	15:24
145	437	Ian Vandervort	Gateway	15:25
146	400	Dylan Hogan	North Hills	15:26
147	250	Trey Schleppey	North Allegheny	15:27
148	376	Ryan Hartle	Avonworth	15:28
149	442	Eli Wick	Eden Christian	15:30
150	682	Mason Ahl	Seneca Valley	15:33

151	226	Charlie Palmer	North Allegheny	15:34
152	326	Shaefer Ostroff	Fox Chapel	15:36
153	534	Miles McKinney	Hampton	15:41
154	159	Lokesh Daita	North Allegheny	15:42
155	371	Michael Cancilla	Avonworth	15:44
156	623	Nathaniel Swarmer	Pine-Richland	15:45
157	178	Conor Griffin	North Allegheny	15:46
158	943	Jeffery Wood	Butler	15:48
159	200	Isaac LaFuria	North Allegheny	15:49
160	669	Drew Kirchner	Seneca Valley	15:53
161	230	Aedan Panzer	North Allegheny	15:53
162	411	Jacob Specht	North Hills	15:57
163	697	Cortlan Harrell	Seneca Valley	16:00
164	233	Brent Paulson	North Allegheny	16:01
165	141	Daniel Balderas	North Allegheny	16:05
166	473	Andrew Stepanow	Bl Francis Seelos	16:15
167	644	Jacob Anderson	Burrell	16:19
168	539	Gates Martin	Hampton	16:20
169	137	Samuel Anderson	North Allegheny	16:36
170	467	Thomas Kunz	Bl Francis Seelos	16:37
171	140	Chuck Baker	North Allegheny	16:42
172	706	Braedon McNally	Seneca Valley	16:43
173	429	Shane Hufnagel	Gateway	16:54
174	170	Jack Ferraro	North Allegheny	16:55
175	256	Jack Simons	North Allegheny	17:10
176	318	Pranav Aramada	Fox Chapel	17:11
177	320	Nicky Clump	Fox Chapel	17:12
178	426	Alec Dunsmore	Gateway	17:14
179	294	Kenton Buchanan	Fox Chapel	17:17
180	247	Anthony Roos	North Allegheny	17:20
181	485	Jason Craighead	Riverview	17:20
182	139	Vijay Arora	North Allegheny	17:24
183	688	Peter Breski	Seneca Valley	17:31
184	482	Clive Mamula	Riverview	17:33
185	685	Nicholas Berger	Seneca Valley	17:36
186	135	Nathan Adrian	North Allegheny	17:54
187	613	Caleb Greenblatt	Pine-Richland	17:56
188	384	Jack Salisbury	Avonworth	17:58
189	410	Mikail Serowik	North Hills	17:59
190	614	Benjamin Iamis	Pine-Richland	17:59
191	319	Kent Baker	Fox Chapel	18:05
192	642	Thomas Torrell	Burrell	18:11
193	330	Francis Sciortino	Fox Chapel	18:28
194	711	Noah Radencic	Seneca Valley	18:34
195	643	Carter O'Hare	Burrell	18:52
196	375	Hunter Fritts	Avonworth	19:37
197	612	Alexander Friedrich	Pine-Richland	19:40
198	373	Zoli Eadia	Avonworth	19:55
199	202	Andrew Li	North Allegheny	28:34



Girls' Select Race

	Team	1	2	3	4	5	Total	6	7
1	North Allegheny	1	4	5	11	14	35	15	16
2	Fox Chapel	2	7	12	23	26	70	38	44
3	Butler	10	13	27	37	40	127	61	63
4	Hampton	3	31	36	39	41	150	57	59
5	Bl Francis Seelos	6	29	32	45	46	158	75	76
6	Greensburg Salem	19	28	33	34	49	163		
7	Hempfield	17	21	22	51	53	164	54	
8	Pine-Richland	9	18	25	58	60	170	74	77
9	Seneca Valley	24	30	35	42	43	174	48	52
10	Riverview	47	55	65	78	79	324		
11	Shaler	50	66	68	72	73	329		

1	196	Sydney Kuder	North Allegheny	11:34
2	339	Laura Carter	Fox Chapel	11:54
3	542	Kevyn Fish	Hampton	11:54
4	198	Eva Kynaston	North Allegheny	12:03
5	281	Hannah Yang	North Allegheny	12:03
6	456	Grace Lazzara	Bl. Francis Seelos	12:04
7	342	Clara Kelley	Fox Chapel	12:06
8	393	Annah Kunes	McKeesport	12:09
9	590	Angelina Hunkele	Pine-Richland	12:19
10	934	Ava Brewster	Butler	12:26
11	214	Erin McGoey	North Allegheny	12:42
12	340	Emily Harajda	Fox Chapel	12:52
13	932	Rylee Hurley	Butler	12:58
14	252	Sarah Scott	North Allegheny	13:01
15	206	Kendall Lucas	North Allegheny	13:02
16	175	Maia Getz	North Allegheny	13:04
17	579	Grace Semow	Hempfield	13:04
18	591	Lily Flood	Pine-Richland	13:08
19	506	Brianna Carr	Greensburg Salem	13:14
20	557	Alexandra Gongas	St. Kilian	13:15
21	580	Alicia Weimer	Hempfield	13:16
22	581	Allison Dematt	Hempfield	13:16
23	350	Emily Torbert	Fox Chapel	13:17
24	673	Samantha Moury	Seneca Valley	13:18
25	592	Sarah Wu	Pine-Richland	13:21
26	351	Izzy White	Fox Chapel	13:32
27	933	Madi McGarrah	Butler	13:33
28	505	Taylor Carr	Greensburg Salem	13:33
29	461	Mary Narvett	Bl. Francis Seelos	13:33
30	674	Kirin Noel	Seneca Valley	13:37
31	544	Elena Herchenroether	Hampton	13:38
32	460	Lauren Mihm	Bl. Francis Seelos	13:39
33	509	Olivia Smith	Greensburg Salem	13:40
34	508	Marissa DeNezza	Greensburg Salem	13:48
35	663	Sonya Dietz	Seneca Valley	13:50
36	543	Abby Hall	Hampton	13:50
37	930	Aliyah Young	Butler	13:53
38	337	Annalese Bartolacci	Fox Chapel	13:56
39	541	Maya Daugherty	Hampton	13:58
40	931	Brielle Pinto	Butler	14:01

41	540	Lydia Bailey	Hampton	14:05
42	662	Carly Cravotta	Seneca Valley	14:06
43	657	Makenna Berg	Seneca Valley	14:07
44	349	Emily Staud	Fox Chapel	14:07
45	455	Lily Karsman	Bl. Francis Seelos	14:08
46	454	Rebecca Feczko	Bl. Francis Seelos	14:09
47	495	Audrey Myers	Riverview	14:12
48	676	Grace Riggle	Seneca Valley	14:13
49	504	Alaina Blend	Greensburg Salem	14:23
50	561	Baleigh Perez	Shaler	14:24
51	584	Allison Cervola	Hempfield	14:27
52	669	Drew Kirchner	Seneca Valley	14:28
53	585	Milana Yanniscoli	Hempfield	14:31
54	583	Rylie Fordyce	Hempfield	14:42
55	494	Marissa Davis	Riverview	14:47
56	417	Grace Byrne	Gateway	14:55
57	545	Anna Houpt	Hampton	14:59
58	593	Hannah Putsure	Pine-Richland	15:06
59	548	Ellery Robertson	Hampton	15:06
60	594	Braylee Rowe	Pine-Richland	15:14
61	937	Makayla McLister	Butler	15:23
62	357	Quinland Delrosario	Carlynton	15:25
63	939	Nicole Urban	Butler	15:26
64	405	Hannah Mertz	North Hills	15:35
65	491	Elise Barnes	Riverview	15:45
66	566	Savannah Gray	Shaler	15:48
67	358	Sara Duffy	Carlynton	15:54
68	562	Noelle Roth	Shaler	16:02
69	421	Roni Miller	Gateway	16:05
70	407	Karisa Ruckel	North Hills	16:42
71	??	??	??	??
72	563	Kiera Kennedy	Shaler	16:59
73	564	Loralei Krasneski	Shaler	17:08
74	595	Morgan Berger	Pine-Richland	17:16
75	452	Megan Becker	Bl. Francis Seelos	17:28
76	457	Emma McCosby	Bl. Francis Seelos	17:38
77	596	Julianna Jung	Pine-Richland	19:19
78	496	Jonisha Carlino	Riverview	19:33
79	493	Reilly Boda	Riverview	24:21
80	359	Emme Fafarace	Carlynton	25:25

Girls' Open Race

1	445	Hope Haring	Eden Christian	12:55
2	237	Elizabeth Pizon	North Allegheny	13:08
3	161	Camyrn Dawson	North Allegheny	13:26
4	243	Isabel Rempe	North Allegheny	13:30
5	261	Olivia Stewart	North Allegheny	13:32
6	173	Isabella Gauntner	North Allegheny	13:43
7	270	Delaney Tedesco	North Allegheny	13:52
8	165	Hallie Dong	North Allegheny	13:54
9	211	Madison Martin	North Allegheny	13:56
10	154	May Coffman	North Allegheny	13:57
11	245	Avery Richard	North Allegheny	13:57
12	239	Yuki Qian	North Allegheny	14:02
13	278	Natalie Workman	North Allegheny	14:18
14	241	Annalise Rearick	North Allegheny	14:23
15	274	Anna Wheeler	North Allegheny	14:27
16	253	Ava Sharar	North Allegheny	14:28
17	341	Madeleine Ivanusic	Fox Chapel	14:29
18	218	Isla Modic	North Allegheny	14:29
19	513	Kassidy Johnson	Greensburg Salem	14:31
20	450	Mackenzie Rothacher	Eden Christian	14:31
21	182	Lydia Haller	North Allegheny	14:32
22	646	Madelynn Torrell	Burrell	14:38
23	221	Emma Neff	North Allegheny	14:38
24	665	Maddee Fischer	Seneca Valley	14:43
25	446	Alexis Fowler	Eden Christian	14:45
26	163	Giuliana DiGregory	North Allegheny	14:46
27	268	Camille Swirsding	North Allegheny	14:48
28	279	Sawyer Wright	North Allegheny	14:50
29	254	Christine Silvester	North Allegheny	14:52
30	656	Ayla Alexander	Seneca Valley	14:55
31	244	Nicole Reubi	North Allegheny	14:56
32	363	Alivia Lantzy	Avonworth	14:57
33	164	Sara Donaldson	North Allegheny	14:59
34	195	Sarah Killen	North Allegheny	14:59
35	267	Pranita Sutrave	North Allegheny	15:03
36	234	Marissa Paulson	North Allegheny	15:06
37	192	Alison Kelly	North Allegheny	15:08
38	586	Anna Geisel	Hempfield	15:13
39	677	Lauren Schwoeble	Seneca Valley	15:15
40	199	Hannah Kyriazis	North Allegheny	15:15
41	588	Noelle Dougherty	Hempfield	15:17
42	212	Vedha Masuraha	North Allegheny	15:23
43	512	Anna Berlingo	Greensburg Salem	15:29
44	156	Marina Comino	North Allegheny	15:31
45	587	Abby Dunlap	Hempfield	15:32
46	146	Lydia Betz	North Allegheny	15:34
47	447	Jessie Bartram	Eden Christian	15:36
48	232	Ali Pasquale	North Allegheny	15:37
49	459	Megan McLaughlin	Bl Francis Seelos	15:38
50	680	Anna Wagner	Seneca Valley	15:41

51	516	Nina Tutich	Greensburg Salem	15:42
52	514	Lexxi Reynolds	Greensburg Salem	15:46
53	453	Katherine Dudkowski	Bl Francis Seelos	15:46
54	515	Ksena Spencer	Greensburg Salem	15:49
55	549	Alanna Seipp	Hampton	15:50
56	236	Skyleigh Pieto	North Allegheny	15:53
57	220	Ava Mutsavage	North Allegheny	15:54
58	194	Naisha Kiladar	North Allegheny	15:56
59	249	Annie Schleppey	North Allegheny	15:57
60	344	Heidi Lee	Fox Chapel	16:00
61	352	Emily Funka	P.H.A. School	16:00
62	511	Ella Henry	Greensburg Salem	16:00
63	176	Scout Gilliland	North Allegheny	16:01
64	347	Sofia Rhee	Fox Chapel	16:04
65	547	Ella Kornick	Hampton	16:09
66	180	Megan Gross	North Allegheny	16:10
67	659	Gionna Colecchia	Seneca Valley	16:14
68	658	Alaina Brody	Seneca Valley	16:15
69	168	Evelyn Faber	North Allegheny	16:16
70	138	Kelsea Apel	North Allegheny	16:16
71	458	Emily McLaughlin	Bl Francis Seelos	16:19
72	926	Abby Bulow	Butler	16:20
73	336	Ashley Barnett	Fox Chapel	16:21
74	936	Maggie Bodamer	Butler	16:28
75	153	Julia Cibula	North Allegheny	16:28
76	201	Nina Lee	North Allegheny	16:30
77	664	Kyra Fazio	Seneca Valley	16:30
78	647	Karlee Thimons	Burrell	16:31
79	938	Madison Krainbucher	Butler	16:42
80	940	Brianna Bianucci	Butler	16:43
81	928	Rielely Kiefer	Butler	16:51
82	343	Emma Kim	Fox Chapel	16:52
83	601	Ava Muster	Pine-Richland	16:55
84	929	Alayna Bestwick	Butler	16:57
85	681	Alana Zigrossi	Seneca Valley	16:59
86	157	Madeline Coughlin	North Allegheny	17:06
87	335	Gabriella Abdalla	Fox Chapel	17:08
88	416	Lyndsey Bifano	Gateway	17:14
89	223	Lyra Ogle	North Allegheny	17:18
90	667	Bailey Gramz	Seneca Valley	17:21
91	598	Lorelei Lehman	Pine-Richland	17:22
92	177	Annika Good	North Allegheny	17:25
93	599	Hannah Louis	Pine-Richland	17:31
94	927	Miranda Gall	Butler	17:35
95	510	Alexa George	Greensburg Salem	17:37
96	338	Mireia Burkardt	Fox Chapel	17:41
97	272	Mia Valentine	North Allegheny	17:44
98	227	Olivia Palmer	North Allegheny	17:45
99	415	Jillian Attwood	Gateway	17:49
100	361	Sofia Galati	Avonworth	17:53

101	172	Annabelle Frist	North Allegheny	18:03
102	600	Leah Martin	Pine-Richland	18:05
103	672	Emily Merola	Seneca Valley	18:09
104	222	Danna Ochoa	North Allegheny	18:15
105	366	Ryan Neal	Avonworth	18:22
106	216	Kaavya Misra	North Allegheny	18:24
107	251	Lorelei Schreiber	North Allegheny	18:26
108	179	Mary Kate Griffin	North Allegheny	18:28
109	185	Juniper Hunt	North Allegheny	18:37
110	602	Kaitlin Shute	Pine-Richland	18:40
111	419	Micheline Estremera	Gateway	18:47
112	925	Isabella Roth	Butler	18:49
113	660	Ava Craig	Seneca Valley	18:52
114	348	Lucy Rygelski	Fox Chapel	18:59
115	346	Lakshanya Rajaganapathi	Fox Chapel	19:03
116	603	Mia Wickard	Pine-Richland	19:13
117	449	Amelia Queen	Eden Christian	19:16
118	923	Hope Herold	Butler	19:17
119	654	Kiera McGarvey	Burrell	19:19
120	420	Destini Keyhan	Gateway	19:29
121	651	Bella Harvey	Burrell	19:38
122	924	Lindsay Gavula	Butler	19:43

123	167	Vanessa Edfors	North Allegheny	19:55
124	597	Avery Hoffman	Pine-Richland	20:04
125	155	Brenna Collery	North Allegheny	20:07
126	186	Alanna Imm	North Allegheny	20:09
127	364	Kacey Lavelle	Avonworth	20:13
128	265	Stella Sumerlin	North Allegheny	20:30
129	675	Megan OBrien	Seneca Valley	20:33
130	652	Ella Hawk	Burrell	20:36
131	209	Katherine Majerac	North Allegheny	20:43
132	668	Elaine Kamau	Seneca Valley	21:01
133	283	Kaitlyn Zeman	North Allegheny	21:23
134	653	Charlotte Watson	Burrell	21:37
135	661	Ophelia Crano	Seneca Valley	21:50
136	368	Sienna Schwartz	Avonworth	21:51
137	345	Sofia Liberto	Fox Chapel	22:07
138	271	Lauren Truitt	North Allegheny	22:47
139	921	Hailey Erickson	Butler	23:27
140	679	Briana Thomas	Seneca Valley	23:41
141	136	Anoushka Amit	North Allegheny	24:30
142	448	Corinne Hicks	Eden Christian	24:57
143	678	Ellie Suereth	Seneca Valley	28:41







GIRLS

8/26/2019

4:10 PM

Time Trial

75 Degrees, Perfect

Place	Name	Time		Place	Name	Time		Place	Name	Time		Place	Name	Time	
1	Kuder	1230	M	19	Tedesco	1600	I	37	Coffman	1849	C	55	Collery	2201	C
2	Getz	1259	C	20	Kyriazis	1604	C	38	Kelly	1858	C	56	Kiladar	2206	M
3	Scott	1307	M	21	Neff	1607	C	39	Rearick	1903	C	57	Griffin	2227	M
4	Kynaston	1318	M	22	DiGregory	1610	I	40	Richard	1908	C	58	Simon	2228	M
5	McGoey	1328	I	23	Cuba	1628	M	41	Mutsavage	1923	M	59	Palmer	2229	I
6	Stover	1348	M	24	Pieto	1630	I	42	Pasquale	1956	C	60	Zeman	2417	M
7	Lucas	1415	C	25	Swirsding	1631	M	43	Gross	2002	C	61	Lee	2436	M
8	Yang	1432	C	26	Sharar	1715	I	44	Comino	2007	M	62	Majerac	2447	C
9	Stewart	1447	I	27	Haller	1718	C	45	Snowden	2007	M	63	Truitt	2450	I
10	Gauntner	1458	I	28	Brown	1723	M	46	Payne	2007	M	64	Carrico	2515	M
11	Wheeler	1459	M	29	Wright	1734	M	47	Sutrave	2017	M	65	Sumerlin	2545	I
12	Rempe	1500	M	30	Reubi	1743	C	48	Masuraha	2030	M	66	Hunt	2548	C
13	Martin	1522	I	31	Cibula	1749	I	49	Ogle	2036	M	67	Frist	2637	M
14	Modic	1522	I	32	Gilliland	1834	M	50	Schleppy	2140	M	68	Imm	2716	I
15	Pizon	1524	I	33	Donaldson	1834	M	51	Edfors	2144	C	69	Ochoa	2737	M
16	Silvester	1532	M	34	Qian	1835	C	52	Valentine	2144	M	70	Misra	2805	M
17	Paulson	1536	I	35	Faber	1835	M	53	Coughlin	2148	M	71	Amit	2808	M
18	Workman	1600	M	36	Apel	1841	I	54	Schreiber	2155	C				

9/6/2019

At Pine-Richland with Avonworth

NA

19

NA

15

Record: 2-0

77 Degrees, Partly Cloudy

P-R

42

Avon.

50

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1236	1	18	Modic	1546	22	35	Masuraha	1656	41	52	Ogle	1929	64
2	Getz	1312	3	19	Dong	1559	23	36	Betz	1703	42	53	Frist	1939	65
3	Yang	1322	4	20	Workman	1559	24	37	Kelly	1709	43	54	Schreiber	2027	67
4	Stover	1324	5	21	Swirsding	1605	25	38	Killen	1717	45	55	Gilliland	2039	68
5	Scott	1324	6	22	DiGregory	1610	26	39	Cibula	1721	47	56	Valentine	2047	69
6	Lucas	1427	8	23	Wright	1610	27	40	Apel	1727	48	57	Sumerlin	2058	72
7	Stewart	1432	9	24	Richard	1611	28	41	Rearick	1751	51	58	Palmer	2145	73
8	Tedesco	1440	10	25	Kyriazis	1613	29	42	Schleppy	1802	52	59	Collery	2145	74
9	Pizon	1441	11	26	Coffman	1613	30	43	Faber	1803	53	60	Edfors	2212	75
10	Gauntner	1453	12	27	Haller	1621	31	44	Gross	1816	54	61	Hunt	2213	76
11	McGoey	1454	13	28	Pieto	1631	33	45	Payne	1837	55	62	Imm	2255	77
12	Martin	1458	14	29	Pasquale	1633	34	46	Mutsavage	1838	56	63	Lee	2259	78
13	Rempe	1511	15	30	Neff	1634	35	47	Petschke	1848	57	64	Lohan	2305	79
14	Dawson	1513	16	31	Qian	1636	37	48	Snowden	1852	58	65	Zeman	2344	80
15	Paulson	1521	17	32	Donaldson	1650	38	49	Good	1855	59	66	Majerac	2459	83
16	Silvester	1527	18	33	Sharar	1654	39	50	Coughlin	1905	61	67	Truitt	2530	85
17	Comino	1528	19	34	Reubi	1654	40	51	Kiladar	1916	62	68	Amit	2533	86

9/11/2019

Home vs. North Hills

NA

Win by

Record: 3-0

90 Degrees, Cloudy, Hot, Humid

NH

Forfeit

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1234	1	17	Dong	1615	14	33	Brown	1751	33	49	Gross	1939	50
2	Getz	1307	2	18	Neff	1619	18	34	Richard	1755	34	50	Coughlin	1959	51
3	Scott	1320	3	19	Haller	1622	19	35	Snowden	1756	35	51	Valentine	2009	52
4	Stover	1332	4	20	DiGregory	1627	20	36	Faber	1802	37	52	Schleppy	2010	53
5	McGoey	1341	5	21	Swirsding	1633	21	37	Payne	1814	38	53	Carrico	2108	54
6	Martin	1437	6	22	Kyriazis	1639	22	38	Mutsavage	1814	39	54	Lee	2146	55
7	Pizon	1450	7	23	Pieto	1644	23	39	Cibula	1822	40	55	Palmer	2147	56
8	Gauntner	1452	8	24	Wright	1647	24	40	Sutrave	1844	41	56	Frist	2156	57
9	Tedesco	1457	9	25	Donaldson	1650	25	41	Betz	1856	42	57	Edfors	2232	58
10	Lucas	1523	10	26	Qian	1709	26	42	Kelly	1858	43	58	Collery	2237	60
11	Silvester	1528	11	27	Reubi	1711	27	43	Kiladar	1901	44	59	Imm	2306	62
12	Rempe	1534	12	28	Pasquale	1711	28	44	Ogle	1904	45	60	Hunt	2325	63
13	Coffman	1535	13	29	Su	1725	29	45	Good	1910	46	61	Majerac	2344	64
14	Modic	1553	14	30	Masuraha	1732	30	46	Gilliland	1919	47	62	Zeman	2435	65
15	Workman	1553	15	31	Sharar	1739	31	47	Apel	1925	48	63	Truitt	2444	66
16	Dawson	1553	16	32	Comino	1751	32	48	Schreiber	1935	49				

9/19/2019

Home vs. Seneca Valley
77 Degrees, SunnyNA 15
SV 49

Record: 4-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1201	1	17	Modic	1447	22	33	Comino	1611	43	49	Schleppy	1810	32
2	Getz	1228	2	18	Dawson	1449	24	34	Betz	1614	44	50	Valentine	1818	63
3	Scott	1230	3	19	Swirsding	1500	26	35	Reubi	1618	45	51	Lee	1824	64
4	Stover	1250	4	20	DiGregory	1509	27	36	Kelly	1620	46	52	Kiladar	1830	65
5	Kynaston	1259	5	21	Paulson	1510	28	37	Payne	1621	47	53	Good	1839	67
6	McGoey	1304	6	22	Haller	1519	31	38	Apel	1623	48	54	Palmer	1912	71
7	Tedesco	1353	9	23	Richard	1524	32	39	Masuraha	1628	50	55	Frist	1919	72
8	Martin	1356	10	24	Neff	1532	33	40	Snowden	1635	51	56	Misra	1925	73
9	Lucas	1356	11	25	Pieto	1537	34	41	Gilliland	1647	54	57	Imm	2002	75
10	Rempe	1402	12	26	Dong	1542	35	42	Sutrave	1649	55	58	Coughlin	2017	76
11	Pizon	1404	13	27	Qian	1543	36	43	Mutsavage	1705	56	59	Sumerlin	2054	78
12	Gauntner	1412	16	28	Pasquale	1549	37	44	Rearick	1707	57	60	Zeman	2119	79
13	Stewart	1416	17	29	Wright	1550	38	45	Cibula	1726	58	61	Hunt	2226	82
14	Coffman	1433	18	30	Donaldson	1552	39	46	Ogle	1737	59	62	Majerac	2304	83
15	Workman	1433	19	31	Killen	1554	40	47	Gross	1737	60	63	Amit	2309	85
16	Silvester	1445	21	32	Sharar	1603	41	48	Faber	1754	61				

9/23/2019

At Hampton with North Hills
75 Degrees, OvercastNA 19
Hamp 44NA Win by
NH Forfeit

Record: 6-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1020	1	18	Paulson	1257	23	35	Pieto	1426	45	52	Good	1608	64
2	Getz	1102	3	19	Haller	1257	24	36	Snowden	1427	46	53	Valentine	1611	65
3	McGoey	1116	4	20	Qian	1258	25	37	Betz	1428	47	54	Lee	1640	66
4	Kynaston	1118	5	21	Workman	1301	26	38	Mutsavage	1429	48	55	Coughlin	1642	67
5	Yang	1126	6	22	Swirsding	1307	29	39	Sutrave	1431	49	56	Misra	1644	68
6	Stover	1127	7	23	Richard	1313	31	40	Brown	1436	50	57	Imm	1655	69
7	Scott	1145	8	24	Neff	1313	32	41	Apel	1440	51	58	Sumerlin	1706	70
8	Lucas	1150	9	25	DiGregory	1315	33	42	Gross	1441	52	59	Palmer	1707	71
9	Tedesco	1210	10	26	Sharar	1321	34	43	Kelly	1455	54	60	Hunt	1713	72
10	Martin	1211	11	27	Comino	1324	35	44	Cibula	1456	55	61	Zeman	1844	73
11	Stewart	1212	12	28	Donaldson	1333	37	45	Kiladar	1504	57	62	Frist	1848	74
12	Gauntner	1215	13	29	Killen	1337	38	46	Schleppy	1510	58	63	Truitt	2018	75
13	Rempe	1216	14	30	Pasquale	1338	39	47	Ogle	1511	59	64	Majerac	2025	76
14	Pizon	1233	18	31	Reubi	1340	40	48	Faber	1511	60	65	Amit	2036	77
15	Dong	1244	20	32	Wright	1351	41	49	Carrico	1525	61				
16	Dawson	1245	21	33	Masuraha	1411	43	50	Rearick	1534	62				
17	Modic	1255	22	34	Payne	1423	44	51	Gilliland	1547	63				

9/26/2019

Home vs. Shaler and Mars
77 Degrees, SunnyNA 15
Shaler 50NA 15
Mars 50

Record: 8-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1153	1	16	Modic	1438	18	31	Masuraha	1600	37	46	Gilliland	1805	65
2	Getz	1241	2	17	Workman	1443	20	32	Pieto	1602	38	47	Palmer	1812	67
3	Yang	1244	3	18	Neff	1445	21	33	Sharar	1616	41	48	Good	1829	69
4	McGoey	1245	4	19	Dong	1449	23	34	Richard	1620	42	49	Frist	1830	71
5	Kynaston	1303	5	20	Swirsding	1456	24	35	Betz	1623	43	50	Hunt	1835	73
6	Stover	1314	6	21	Qian	1506	25	36	Rearick	1638	45	51	Carrico	1928	76
7	Lucas	1318	7	22	Paulson	1512	26	37	Apel	1639	46	52	Ochoa	1932	77
8	Tedesco	1344	8	23	DiGregory	1523	28	38	Kyriazis	1639	47	53	Lee	1950	78
9	Pizon	1351	9	24	Wright	1525	29	39	Faber	1653	51	54	Sumerlin	2005	79
10	Rempe	1352	10	25	Haller	1526	30	40	Gross	1659	52	55	Imm	2030	80
11	Gauntner	1402	12	26	Pasquale	1527	31	41	Cibula	1703	53	56	Truitt	2150	82
12	Martin	1407	13	27	Payne	1527	32	42	Mutsavage	1710	56	57	Majerac	2159	84
13	Coffman	1411	15	28	Donaldson	1529	33	43	Kelly	1715	57	58	Zeman	2208	85
14	Stewart	1413	16	29	Comino	1534	34	44	Sutrave	1730	60	59	Amit	2350	87
15	Dawson	1432	17	30	Reubi	1536	35	45	Coughlin	1747	62				

10/1/2019

Home vs. Butler
91 Degrees, Sunny, hotNA 17
Butler 46

Record: 9-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1154	1	16	Qian	1502	20	31	Killen	1637	37	46	Ochoa	1848	54
2	Getz	1236	2	17	Workman	1524	22	32	Donaldson	1655	38	47	Ogle	1858	55
3	Yang	1237	3	18	Swirsding	1527	23	33	Snowden	1704	39	48	Good	1917	56
4	Kynaston	1244	4	19	Neff	1528	24	34	Schleppy	1704	40	49	Frist	1938	58
5	McGoey	1314	6	20	Haller	1529	25	35	Mutsavage	1705	41	50	Gross	1952	60
6	Rempe	1405	7	21	Paulson	1534	26	36	Rearick	1707	42	51	Kelly	2007	61
7	Martin	1406	8	22	Richard	1550	27	37	Kyriazis	1712	43	52	Hunt	2028	62
8	Tedesco	1408	9	23	DiGregory	1557	28	38	Gilliland	1713	44	53	Palmer	2040	63
9	Pizon	1413	10	24	Comino	1601	29	39	Pieto	1714	45	54	Imm	2120	68
10	Dawson	1415	11	25	Reubi	1611	30	40	Kiladar	1722	47	55	Sumerlin	2133	70
11	Gauntner	1432	13	26	Pasquale	1617	31	41	Sharar	1732	48	56	Zeman	2137	72
12	Lucas	1440	14	27	Wright	1621	32	42	Cibula	1746	49	57	Lee	2206	73
13	Coffman	1448	15	28	Masuraha	1623	33	43	Apel	1754	50	58	Edfors	2235	74
14	Stewart	1450	16	29	Modic	1629	34	44	Sutrave	1840	52	59	Majerac	2301	75
15	Dong	1458	18	30	Payne	1630	35	45	Carrico	1846	53	60	Amit	2632	80

10/4/2019

Home vs. Fox Chapel
63 Degrees, CloudyNA 20
FC 41

Record: 10-0

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1120	1	19	Neff	1429	26	37	Pieto	1542	46	55	Schleppy	1755	68
2	Kynaston	1151	3	20	Swirsding	1430	27	38	Sutrave	1545	47	56	Good	1801	69
3	Yang	1204	4	21	Paulson	1432	28	39	Su	1547	48	57	Carrico	1802	70
4	Getz	1220	5	22	Modic	1433	29	40	Kelly	1603	50	58	Griffin	1806	71
5	McGoey	1230	7	23	Wright	1434	30	41	Cibula	1607	51	59	Valentine	1815	74
6	Lucas	1248	8	24	Silvester	1447	31	42	Kiladar	1611	52	60	Hunt	1817	75
7	Pizon	1252	9	25	Haller	1447	32	43	Betz	1615	54	61	Imm	1850	76
8	Tedesco	1317	11	26	Comino	1449	33	44	Ogle	1617	55	62	Misra	1943	77
9	Dawson	1324	13	27	Killen	1457	35	45	Gross	1618	56	63	Edfors	1946	78
10	Rempe	1334	14	28	Reubi	1502	36	46	Apel	1632	57	64	Collery	2001	79
11	Scott	1345	17	29	Pasquale	1505	37	47	Lee	1636	58	65	Zeman	2001	80
12	Stewart	1348	18	30	Wheeler	1506	38	48	Mutsavage	1637	59	66	Sumerlin	2005	81
13	Gauntner	1356	19	31	DiGregory	1510	39	49	Coughlin	1646	61	67	Majerac	2045	82
14	Martin	1400	20	32	Payne	1511	40	50	Faber	1647	62	68	Lohan	2047	83
15	Dong	1406	21	33	Rearick	1514	41	51	Frist	1652	63	69	Truitt	2109	84
16	Workman	1414	23	34	Kyriazis	1521	43	52	Gilliland	1655	64	70	Amit	2455	86
17	Qian	1420	24	35	Donaldson	1529	44	53	Ochoa	1705	65				
18	Richard	1428	25	36	Masuraha	1534	45	54	Palmer	1749	67				

10/8/2019

NA Invitational
68 Degrees, Sunny35 Points
1st of 11 Teams

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kuder	1134	1	19	Workman	1418	13	37	Masuraha	1523	42	55	Palmer	1745	98
2	Kynaston	1203	4	20	Rearick	1423	14	38	Comino	1531	44	56	Frist	1803	101
3	Yang	1203	5	21	Wheeler	1427	15	39	Betz	1534	46	57	Ochoa	1815	104
4	McGoey	1242	11	22	Sharar	1428	16	40	Pasquale	1537	48	58	Misra	1824	106
5	Scott	1301	14	23	Modic	1429	18	41	Pieto	1553	56	59	Schreiber	1826	107
6	Lucas	1302	15	24	Haller	1432	21	42	Mutsavage	1554	57	60	Kate	1828	108
7	Getz	1304	16	25	Neff	1438	23	43	Kiladar	1556	58	61	Hunt	1837	109
8	Pizon	1308	2	26	DiGregory	1446	26	44	Schleppy	1557	59	62	Edfors	1955	123
9	Dawson	1326	3	27	Swirsding	1448	27	45	Gilliland	1601	63	63	Collery	2007	125
10	Rempe	1330	4	28	Wright	1450	28	46	Gross	1610	66	64	Imm	2009	126
11	Stewart	1332	5	29	Silvester	1452	29	47	Faber	1616	69	65	Sumerlin	2030	128
12	Gauntner	1343	6	30	Reubi	1456	31	48	Apel	1616	70	66	Majerac	2043	131
13	Tedesco	1352	7	31	Donaldson	1459	33	49	Cibula	1628	75	67	Zeman	2123	133
14	Dong	1354	8	32	Killen	1459	34	50	Lee	1630	76	68	Truitt	2247	138
15	Martin	1356	9	33	Sutrave	1503	35	51	Coughlin	1706	86	69	Amit	2421	141
16	Coffman	1357	10	34	Paulson	1506	36	52	Ogle	1718	89				
17	Richard	1357	11	35	Kelly	1508	37	53	Good	1725	92				
18	Qian	1402	12	36	Kyriazis	1515	40	54	Valentine	1744	97				

10/12/2019

Bill Lennox (Slippery Rock) Invitational
55 Degrees, Rainy

48 Points
1st of 16 Teams

Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A	Place	Name	Time	O/A
1	Kynaston	1122	3	16	Qian	1324	72	31	Masuraha	1420	122	46	Good	1543	171
2	Kuder	1138	6	17	Martin	1327	78	32	Donaldson	1423	125	47	Gross	1553	175
3	Yang	1142	9	18	Wheeler	1337	83	33	Betz	1433	128	48	Carrico	1603	182
4	McGoey	1205	18	19	Swirsding	1341	85	34	Sutrave	1435	129	49	Frist	1614	185
5	Lucas	1217	23	20	Getz	1347	88	35	Kelly	1436	131	50	Valentine	1630	190
6	Scott	1222	25	21	Sharar	1348	89	36	Pieto	1437	132	51	Coughlin	1632	191
7	Gauntner	1238	34	22	Digregory	1355	93	37	Kyriazis	1452	135	52	Hunt	1636	192
8	Tedesco	1241	37	23	Neff	1357	95	38	Schleppy	1458	138	53	Ochoa	1724	203
9	Stewart	1241	38	24	Killen	1359	96	39	Faber	1500	140	54	Palmer	1728	204
10	Pizon	1241	39	25	Haller	1403	103	40	Cibula	1500	142	55	Zeman	1800	210
11	Coffman	1257	55	26	Reubi	1405	106	41	Ogle	1516	153	56	Collery	1811	215
12	Modic	1316	65	27	Silvester	1406	107	42	Mutsavage	1516	154	57	Sumerlin	1822	220
13	Workman	1317	68	28	Pasquale	1408	108	43	Snowden	1527	165	58	Majerac	1855	222
14	Paulson	1321	69	29	Comino	1409	109	44	Apel	1532	169	59	Truitt	2117	230
15	Richard	1323	71	30	Wright	1418	120	45	Gilliland	1541	170	60	Amit	2238	231



All-Time Records on Marshall Middle School Course

Times indicate that individual's best performance on the course at MMS since its inception in 2004.

BOYS (Sub-10:50)

	Name	Team	Time	Date
1	Scott Seel	North Allegheny	10:13	9/29 & 10/12/2010
2	Mike Becich	North Allegheny	10:15	10/13/2009
3	John Faye	Hempfield	10:19	10/7/2008
	Zachary Leachman	Mars	10:19	10/13/2015
5	Jack Bertram	North Allegheny	10:20	10/8/2019
6	Mike Gauntner	North Allegheny	10:22	10/8/2019
7	Ryan Gil	North Allegheny	10:25	10/10/2006
	Mark Brown	Greensburg Salem	10:25	10/7/2014
9	Christian Fitch	Fox Chapel	10:27	10/13/2015
10	James Behrend	North Allegheny	10:28	10/4/2019
11	Dan McGoey	North Allegheny	10:29	10/13/2015
	Samuel West	Seneca Valley	10:29	10/8/2019
13	Cameron Binda	Greensburg Salem	10:30	10/7/2014
14	Jacob Greco	North Allegheny	10:32	10/11/2012
15	Tyler Palenchak	Gateway	10:34	10/7/2008
16	Matt McGoey	North Allegheny	10:35	10/12/2010
17	Bobby Lutz	North Allegheny	10:38	10/11/2012
18	TJ Robinson	North Allegheny	10:39	10/8/2013
19	Joe Kush	North Hills	10:40	9/29/2006
	Dylan Binda	Greensburg Salem	10:40	10/7/2014
	Ryan Barry	North Allegheny	10:40	10/10/2017
22	Mike Meehan	North Allegheny	10:42	10/7/2008
	Joe Cafaro	Hampton	10:42	10/7/2014
24	Tim Compton	North Allegheny	10:43	10/11/2016
25	Derek Schwartz	North Allegheny	10:44	10/13/2009
	Seth Ketler	Seneca Valley	10:44	10/7/2014
27	Rene Abdalah	North Allegheny	10:45	10/13/2015
28	Jason Galaska	North Allegheny	10:46	9/16/2015
29	Matt Robertson	North Allegheny	10:47	10/12/2004
	Sam Holdcroft	North Allegheny	10:47	10/7/2008
	Andrew Manz	North Allegheny	10:47	10/11/2011
	Luke Turkovich	North Allegheny	10:47	10/7/2014
	Nico Castracani	Fox Chapel	10:47	10/11/2016
	Rowan Gwin	Fox Chapel	10:47	10/8/2019
35	John Ejzak	Knoch	10:48	10/11/2012
	Noah Beveridge	Butler	10:48	10/8/2013
	Robby Shymansky	Fox Chapel	10:48	10/7/2014
38	Ben Goehring	North Allegheny	10:49	10/12/2010

GIRLS (Sub-12:10)

	Name	Team	Time	Date
1	Marianne Abdalah	North Allegheny	10:47	10/11/2012
2	Clara Savchik	North Allegheny	11:07	10/8/2013
3	Madeleine Davison	North Allegheny	11:19	10/11/2011
4	Sydney Kuder	North Allegheny	11:20	10/4/2019
5	Ally Meehan	North Allegheny	11:28	10/8/2013
6	Alex Gambill	North Allegheny	11:35	10/7/2008
7	Rachel Hockenberry	North Allegheny	11:38	10/10/2017
8	Caroline Daggett	North Allegheny	11:40	9/30/2014
9	Maura Mlecko	North Allegheny	11:44	10/10/2017
10	Lindsay Holdcroft	North Allegheny	11:45	9/28 & 10/11/2005
	Laura Carter	Fox Chapel	11:45	10/4/2019
12	Lexi Sundgren	North Allegheny	11:48	10/9/2018
13	Chloe Grzyb	Peters Township	11:49	10/7/2011
14	Eva Kynaston	North Allegheny	11:51	10/4/2019
15	Annika Urban	Fox Chapel	11:52	10/7/2014
16	Jolene Kunkel	Knoch	11:54	10/10/2006
	Kevyn Fish	Hampton	11:54	10/8/2019
18	Caroline Cwalina	North Allegheny	11:56	10/7/2009
19	Samantha Hennen	Shaler	11:58	10/10/2017
20	Elaina Balouris	Hampton	12:00	10/11/2005
21	Abby Pitcairn	Fox Chapel	12:01	10/11/2012
	Stefanie Cwalina	North Allegheny	12:01	10/11/2016
23	Kate Aldrich	Seneca Valley	12:02	10/7/2014
24	Cristina Frazzini	Butler	12:03	10/7/2008
	Bri Schwartz	Shaler	12:03	10/12/2010
	Hannah Yang	North Allegheny	12:03	10/8/2019
27	Alex Rode	North Hills	12:04	10/7/2008
	Grace Lazzara	Bl. Francis Seelos	12:04	10/8/2019
29	Kim Goehring	North Allegheny	12:05	10/7/2008
30	Maddy Adams	North Allegheny	12:06	10/7/2008
	Lauren Neugebauer-Wagner	Hampton	12:06	10/12/2010
	Greta Lazzara	Fox Chapel	12:06	10/8/2013
	Clara Kelley	Fox Chapel	12:06	10/8/2019
34	Mariah Custer	Laurel Highlands	12:08	10/13/2009
	Malia Anderson	Greensburg Salem	12:08	10/7/2014
	Teresa Davison	North Allegheny	12:08	10/13/2015
37	Annah Kunes	McKeesport	12:09	10/8/2019



“I’ll tell you one thing; I love every one of them... [T]here is a breaking point in each race when you wonder if all the sacrifice is really worth it. You think, ‘why should I do this? I don’t have to run this hard.’ But that’s when I think about them. They keep me going.”

This was the American distance running legend Steve Prefontaine talking about his fans. We apply these words to the NA parents who support us so well and inspire these kids in ways that often go unspoken. We thank you.









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